



FAIRLEIGH DICKINSON UNIVERSITY

HENRY P. BECTON SCHOOL OF NURSING AND ALLIED HEALTH

COURSE: NURS 7725

SEMESTER: Fall 2003

TITLE: Advanced Practice Nursing III: Therapeutics, Practicum

CREDITS: 2

CLINICAL HOURS: 16

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COURSE DESCRIPTION:

This clinical course requires that the student practice a total of 256 hours in a primary care facility which serves a medically diverse adult clientele. All clinical experiences will be supervised by expert preceptors who, along with the faculty instructor, will continuously evaluate student performance. The student will utilize previously learned assessment and diagnostic skills along with theoretical principles of health maintenance and disease management to formulate medical and nursing diagnoses, and to prescribe a plan of treatment that is realistic, culturally sensitive, and economically feasible for the client.

PREREQUISITE:

NURS 6615 - Prescriptive Practice
NURS 6623 - Advanced Practice Nursing II: Diagnostics

COREQUISITES:

NURS 7724: Advanced Practice Nursing III: Diagnostics, Practicum

EDUCATIONAL OUTCOMES: At the completion of this course, the student will

1. Critically analyze data obtained from the health history, physical examination, and diagnostics to formulate differential medical and nursing diagnoses.
2. Demonstrate sound diagnostic reasoning and clinical decision-making skills by appropriate and comprehensive health care management.
3. Prescribes realistic therapeutic regimen considering psychosocial, cultural, financial, and spiritual needs of the client, within the scope of advanced practice nursing.
4. Interpret the impact of global, legal, bioethical, and economic factors in the selection of diagnostic and therapeutic regimens.
5. Carry out plans of care for selected patients to attain, promote, maintain and/or restore health.
6. Document appropriately patient-provider interactions using comprehensive SOAP notes in the medical record.
7. Effectively use information technology, along with teaching/coaching/counseling strategies in advanced practice roles.

TEACHING-LEARNING STRATEGIES:

- Supervised clinical experiences with expert preceptors in adult primary care settings.
- Weekly clinical logs to be submitted for evaluation by faculty instructor. Logs will be signed by preceptors and will document clinical hours and clients seen by student.
- Weekly SOAP note on a selected client. SOAP notes should attempt to parallel the body system studied in the theory component during that week.
- Formative and summative evaluations by clinical preceptor.

EVALUATION METHODS AND REQUIRED CLINICAL DOCUMENTATION

NURS 7725 is a practicum course composed of 256 hours of clinical practice in off-campus clinical settings. Students must attend all clinical experiences. Each week, the student will submit a clinical log consisting of either an H/P or a SOAP note which outlines the assessment, diagnostic work-up, and plan of care for one client seen during the previous clinical week. Two H/Ps and 8 Soap notes will be due during the semester. When possible, students should attempt to match clinical experiences with coordinating theory lectures; written clinical evaluations should do the same. Resources consulted during writing of the SOAP note must be appropriately referenced. Guidelines for writing History/Physicals and SOAP notes are available on line.

In addition to the weekly log (H/P or SOAP note), students will submit a weekly clinical diary which briefly summarizes the clients seen during the clinical experience for that particular day. Forms for this diary will be available on line, as well as the directions for using it.

Twice during the semester - at the midterm week and the week preceding the final week - students are responsible to submit the clinical evaluation form (available online) to the instructor. These evaluations are to be completed by the student's preceptor. To allow sufficient time for the preceptor to complete the forms, students should make them available to the preceptor one to two weeks before they are due. Also available as a download is the "Preceptor Packet" which can be given to the preceptor at the beginning of the semester. This document orients the preceptor to the FDU clinical experience and also provides a copy of the current evaluation form.

Finally, students are to keep track of clinical hours using the downloadable clinical hours form provided for that purpose. This document will be inspected periodically by the clinical instructor and collected at the end of the semester. This form along with the student evaluation form become a permanent part of the student's record.

In summary, clinical documentation is due as follows

- Clinical Diary: due weekly
- Clinical Log (SOAP note or H/P) due weekly
- Clinical Evaluation Form - due at weeks 7 and 14
- Clinical Hours Form - due at weeks 7 and 15

The above forms are available online at www.npceu.com/fdu. In addition, the following resources are also available online

- Guidelines for Writing History/Physicals and SOAP notes
- Directions for completing forms
- Preceptor Packet

REQUIRED TEXTBOOKS

Current Medical Diagnosis & Treatment 2003

Author(s): Lawrence Tierney Stephen McPhee Maxine Papadakis

ISBN: 0071395938 <http://books.mcgraw-hill.com/>

Ambulatory Medicine Primary Care Families

Author(s): Mark Mengel L. Schwiebert ISBN: 083850387X <http://books.mcgraw-hill.com/>

NOTE: Other spiral pocket text for in-patient or out-patient therapy may be substituted for the above text depending upon where the student elects to do the clinical rotation. Students may also substitute any of several PDA versions of these texts which are currently available.

RECOMMENDED TEXT

Ahya S.N., Flood K, Paranjothi, S et al (Eds.). (2001). *The Washington manual*. (30th ed.). Philadelphia: Lippincott, William and Wilkins. ISBN: 0781723590

A classic spiral manual used for decades (50 years) by residents and house staff. Excellent overall reference but particularly oriented towards persons functioning as house staff in an in-patient setting

Carcio, H (1999). *Advanced Health Assessment of Women*. Philadelphia: Lippincott 0-7817-1826-0

Excellent pocket spiral text for students doing a rotation in women's health. Covers material need that persons need at the clinical site and also good overall reference for a variety of women's health topics

Ferri Fred (Ed.) (2001). *Practical guide to the care of the medical patient*. St. Louis: Mosby. ISBN: 0323012841.

Classic pocket guide designed for quick reference and as an on-call reference for persons providing medical care for medical patients. The focus is on the hospitalized patient, however, the book contains concise and focused clinical information useful in any setting. It is one of a series of spiral text books and competes with the Washington Manual.

Gomella, L (2002). *Clinician's pocket reference* (9th ed) and *Drug Reference 2002* (packaged set). New York: McGraw-Hill/Appleton Lange. ISBN: 0071392327

Designed as a "pocket text" for use by inexperienced interns in the clinical (hospital) setting. Nicknamed the "scut monkey" pocket text. Focus is more on the inpatient setting but contains much useful info esp for students who are doing rotations in the in-patient settings. This book is offered as a "package deal" with a nice little pocket text called *Clinician's Pocket Drug Reference 2002*.

Haist S.A., Robbins, J.B. and Gomella L.G. (2002). (Eds.). *Internal medicine on call*. 3rd ed. New York: Lange Medical Books/McGraw-Hill. ISBN: 0-07-121235-3

Small, compact pocket-sized book designed as a quick reference for persons functioning in an in-patient setting

Lin T.L. and Rypkema S.W. (2002). *The Washington manual of ambulatory therapeutics*. Philadelphia: Lippincott, William and Williams ISBN: 0-7817-2361-2

“Spin-off” from the classic and famous Washington Manual which focuses primarily on the inpatient. By contrast, this book is designed to serve the needs of the clinician providing care in the ambulatory care setting.

Wachel, TJ & Stein MD (2000). *The care of the ambulatory patient*. (2nd ed.). St. Louis: Mosby

Spiral pocket guide. Designed as a quick reference for clinicians providing care in an outpatient setting. Compact outline format. One of series of books designed for various clinical specialties both in the inpatient and ambulatory care settings.

REQUIRED EQUIPMENT

- Watch with second hand
- Hand-held eye chart
- Vinyl measuring tape
- Reflex hammer
- Stethoscope
- Tuning Fork
- White lab coat with name pin.

DRESS CODE FOR CLINICAL SETTINGS

Students should dress in business attire with a white lab coat and name pin. Male students are expected to wear a business shirt and tie. Female students should be attired in either business-style pants outfit or business-tailored skirt/dress outfit. Skirt length should be just above the knee or longer, as desired. Pumps, flats or wedge shoes are suitable. Jeans, sweat pants/tops, or sneakers are not permitted in the clinical setting. Makeup and jewelry should be tasteful and moderate, and consistent with normal business attire. Facial piercing and jewelry aside from non-dangle earrings are not permitted. Nails should not project more than 3/8 of an inch beyond the finger tips. Some clinical settings do not permit artificial nails due to incidents of fungal infections which have been transmitted to patients.

HEALTH CLEARANCE

No students will be permitted into the clinical setting without the requisite health clearance. Students entering the clinical area for the first time at FDU need to sign up for an appointment with Deidra Feuerstein, R.N. (sign-up sheets located on door of Room 4442) in nursing office or call her at 201- 692-2520. The following documentation must be on file before a student will be permitted to start the clinical experience. NO EXCEPTIONS WILL BE MADE.

- Medical Examination/Physical on file
- Annual Medical History Addendum
- PPD
 - Initial requirement: 2-step PPD
 - Follow-up: Single PPD q 6 months
 - Normal CXR if PPD positive
- Blood titers indicating immunity to the following
 - Rubella (German measles)
 - Rubeola (measles)
 - Varicella or physician diagnosed case of chick pox
 - Mumps

- Hepatitis B - must present one of the following
 - Documentation of receiving hepatitis B vaccine series
 - Documentation of positive hepatitis B surface antigen indicating immune levels
 - Student signature on Hepatitis B Vaccine Waiver form
- Documentation of current CPR certification for adults
- Documentation of current malpractice insurance
- Copy of current RN licence

FDU ACADEMIC POLICY

- Students are expected to comply with FDU policies for academic integrity.
- Grades are assigned according to the Student Handbook procedure. Undergraduate students must earn a grade of 75 or better in order to pass the course. Graduate students must maintain a 3.0 GPA
- All written work should be formatted in accordance with American Psychological Association (APA) guidelines.
- Assignments are due on or before due date. Late assignments will have points deducted unless the student has obtained prior permission from the course instructor.
- Class attendance is mandatory. Unexcused absences or consistent tardiness will impact upon the student's grade. Students with a foreseeable and unavoidable conflict for a particular class should contact the instructor to request an excused absence. Students with unexpected emergencies or illness should notify the instructor ASAP via email or office voice mail. The student may be asked to provide documentation.
- A grade of failure (F) in the clinical setting will constitute failure for the course, regardless of the grade earned in the classroom. Students are evaluated both in the classroom and the clinical setting. Grounds for clinical dismissal are as follows:
 1. Failure to meet clinical outcomes
 2. Behavior that requires direct instructor intervention to prevent omissions or incomplete or unsafe application of the component of the clinical outcomes which action would result in actual or potential physical or emotional harm to the client (Student Handbook)
- It is not possible to withdraw from the course because of academic failure after the ninth week of class



CLINICAL EVALUATION FORM

Course _____ Semester _____ Midterm Final (Circle one)

Student: _____ Clinical Site : _____

Preceptor: _____ Clinical Faculty: _____

Evaluator: _____ Preceptor Faculty Student (Circle one)

PLEASE RATE THE STUDENT USING THE LEGEND BELOW

<p>LEGEND - Advanced clinical practice behavior</p> <p>5 = occurs independently and is consistent with minimum direction</p> <p>4 = occurs with minimal direction and is consistent</p> <p>3 = occurs with occasional direction, and is generally consistent</p> <p>2 = occurs only with constant direction</p> <p>1 = does not occur</p>

The student:

1. Critically analyzes data obtained from the health history, physical examination, and diagnostics to formulate differential medical and nursing diagnoses as documented in patient record/log _____
2. Demonstrates sound diagnostic reasoning and clinical decision-making skills by appropriate and comprehensive health care management. _____
3. Prescribes realistic medication regimen considering psychosocial, cultural, financial, and spiritual needs of the client, within the scope of advanced practice nursing. _____
4. Selects appropriate diagnostic and therapeutic regimen, taking into consideration the impact of global, legal, bioethical, and economic factors on the care of the patient. _____
5. Carries out plans of care for selected patients to attain, promote, maintain and/or restore health. _____
6. Documents appropriately in the medical record using comprehensive SOAP notes. _____
7. Effectively uses teaching/coaching/counseling strategies which includes use of information technology. _____

Additional comments:

SIGNATURES

Preceptor: _____

Date: _____

Student: _____

Date: _____

Clinical Faculty: _____

Date: _____